

FALL POOL SCHEDULE - SEPTEMBER 1 - OCTOBER 31, 2023

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM		YOUFit / Lane Swim 6 - 9:00 AM	YOUFit / Lane Swim 6 - 9:00 AM	YOUFit / Lane Swim 6 - 9:00 AM	YOUFit / Lane Swim 6 - 9:00 AM	YOUFit / Lane Swim 6 - 9:00 AM	
7:00 AM							
8:00 AM				*Swim Team in pool*		*Swim Team in pool*	YOUFit / Lane Swim 8 - 9:30 AM
9:00 AM	Parent & Tot Lessons 9 - 10:45 AM						
10:00 AM				Family Swim / YOUFit 9:30 - 11 AM		Family Swim / YOUFit 9:30 - 11 AM	
11:00 AM	Family Swim 11 - 12:30 PM						Swim Lessons 10:55 AM - 1:15 PM
12:00 PM		Lunch Lengths 12 - 12:55 PM	Lunch Lengths 12 - 12:55 PM	Lunch Lengths 12 - 12:55 PM	Lunch Lengths 12 - 12:55 PM	Lunch Lengths 12 - 12:55 PM	
1:00 PM	Toonie Swim 12:30 - 3 PM						
2:00 PM							
3:00 PM							
4:00 PM	Swim Lessons 4 - 6 PM	Swim Team 4 - 7 PM					Public Swim 3:30 - 6:30 PM
5:00 PM			Swim Lessons 5 - 6 PM	Swim Team 4 - 7 PM	Swim Lessons 5 - 6:45 PM	Swim Team 4 - 7 PM	
6:00 PM							
7:00 PM		Lane Swim 7 - 8 PM	Masters A 6:15 - 7:15 PM	Lane Swim 7 - 8 PM	Masters B 7 - 8 PM	Lane Swim 7 - 8 PM	
8:00 PM							
9:00 PM							
10:00 PM							

****Please note that we are currently working on developing our Aqua Fit program and will add these to the schedule as soon as possible - Thank you for your continued patience****

Due to an anticipated pool closure for maintenance, the pool schedule is set up to October 31, 2023. An updated pool schedule will be made available if this changes