

# WINTER POOL SCHEDULE

Effective JANUARY 4, 2021 – MAY 1, 2021.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	615-7am Aquafitness	615-730am Lane Swim	615-7am Aquafitness	615-730am Lane Swim	615-7am Aquafitness	
	715-830am Lane Swim	8-845am Spin Bike	715-830am Lane Swim	8-845am Spin Bike	715-830am Lane Swim	
830-9am Aquatots						830-1030am Lane Swim
930-10am Aquatots	9-945am Aquafitness	9-945am Aquafitness	9-945am Aquafitness	9-945am Aquafitness	9-945am Aquafitness	
1030-11am Aquatots	10-1045am Aqualite	10-1045am Aqualite	10-1045am Aqualite	10-1045am Aqualite	10-1045am Aqualite	
	11-1145am Aquafitness	11-1130am Lessons	11-1145am Aquafitness	11-1130am Lessons	11-1145am Aquafitness	1130-130pm Swim Club
1130-1pm Family Swim	12-1pm Lunch Lengths	12-1pm Lunch Lengths	12-1pm Lunch Lengths	12-1pm Lunch Lengths	12-1pm Lunch Lengths	
2-230pm Lessons	2-330pm Lane Swim	2-330pm Lane Swim	2-330pm Lane Swim	2-330pm Lane Swim	2-330pm Lane Swim	230-430pm Family Swim
3-330pm Lessons						
4-430pm Lessons	4-6pm Swim Club	4-430pm Lessons	4-6pm Swim Club	4-430pm Lessons	4-430pm Lessons	
5-9pm Advanced Lessons		5-530pm Lessons		5-530pm Lessons	5-530pm Lessons	530-730pm Family Swim
		6-630pm Lessons		6-630pm Lessons	6-730pm Family Swim	
	630-730pm Masters	7-745pm Aquafitness	630-730pm Masters	7-745pm Aquafitness		
	8-845pm Spin Bike	8-930pm 13+Fitness	8-845pm Spin Bike	8-930pm 13+Fitness	8-930pm 13+Fitness	8-9pm 13+ Fitness

**\*PLEASE NOTE ALL FAMILY SWIMS, LANE SWIMS, 13+ FITNESS, AQUALITE AND AQUAFITNESS MUST BE BOOKED BY APPOINTMENT**

**\*MUST PRE-REGISTER FOR SPIN BIKE AND MASTERS**